

Health, P.E. & Driver Ed.

HEALTH

Credit 0.25 Level 0

This is a required course for all 9th grade students. Appropriate graduation credit is given for satisfactory completion. Grades are not considered for Quality Point Average. The Health course provides information on four major health-related topics: Nutrition and Fitness; Alcohol and Drug Abuse; Human Sexuality and Mental Health. Attitude and skills obtained through this course are aimed at providing students with skills which allow them to make responsible decisions and choices throughout their lives.

PHYSICAL EDUCATION

Credit 0.50 Level 0

This is a required course for all students in grades 9, 10 and 11. Exemptions can be made for those who take the course Band/Band Front. Appropriate graduation credit is given for satisfactory completion. Grades are not considered for Quality Point Average. The Physical Education course stresses areas of personal development through a variety of sport-based activities. The student is given the opportunity to experience team sports as well as individual sports in order to enhance lifetime skills. The program is based on participation and individual improvement with emphasis on skill development, practice and enjoyment. Grades are not included in the Quality Point Average.

DRIVER EDUCATION

Credit 0.25 Level 0

This is a required course for all 10th grade students. Appropriate graduation credit will be given for satisfactory completion. Grades are not included in the Quality Point Average. This program is divided into two segments. The theory (in class) consists of meeting the minimum state requirement of thirty class hours for one semester to teach the student to think critically and analytically. The second phase of road training is offered to eligible students primarily after school, on weekends or during the summer. The road phase is to insure that students display acceptable skills in driving safely, legally and maturely.